



IYENGAR YOGA

FORENINGEN NORGE (IYFNO)

Application form – Level 2 Assessment

Fill in and answer the questions below as fully as possible. You may use separate sheets if necessary.

Send you application by email to: uoge.komite@gmail.com

Name:	
Address:	
City, Country	
E-mail:	
Phone number:	
Date of birth:	
Occupation	

Where and when did you start taking Iyengar Yoga classes?

Have you done any work for the Iyengar Yoga association in your country?

Have you been to RIMYI or taken classes with teachers from the Institute (please write teacher, place and date, ex month of January 2022 RIMYI or Abhijata Gothenburg 2018)

Why do you want to go for the Level 2 exam?

Do you have any physical problems (illnesses, accidents, surgeries)? Please give details.

Practice

A description of your asana practice – frequency, duration & content.

A description of your pranayama practice.

Describe your teaching situation and schedule.

1. State your assessment history.

Recommendations from one or two teachers

Who is your mentor/teacher trainer _____

Who is your regular teacher, if other then mentor/teacher trainer

Your mentor (and if you added your regular teacher) should send a recommendation mail to uoge.komite@gmail.com as close to your registration as possible.

Declaration by Candidate

I _____ understand that in training to teach as a Level 2 Iyengar® Yoga Teacher, I must uphold the standard of the association of which I am a member and keep to the rules of the association as well as guidelines given from Pune.

I accept that the information in this form will be shared with the moderator and assessors that will be assigned to conduct the assessment.

Signed _____

Date _____

The assessment fee is to be paid when your place in the exam is confirmed, you will receive information about this.

¹ A) IYENGAR® is a Trademark ® used under license with permission of Geeta and Prashant Iyengar, Trade Mark Owners.

B) I am also fully aware that the name IYENGAR® may not be used by me in any way, shape or form, unless I have successfully passed the Level 1 assessment and have applied for Certification mark!

The guidelines from Pune can be found on the Norwegian association website: www.iyfno.no and on: bksiyengar.com