



Application form – Level 1 Assessment

Fill in and answer the questions below as fully as possible. You may use separate sheets if necessary. Scan a passport photo onto this page in the designated square above.
Send your application by email to: uoge.komite@gmail.com

Name:	
Address:	
City, Country	
Phone:	
E-mail:	
Phone number:	
Date of birth:	
Occupation	

1. Why do you want to become an Iyengar Yoga teacher?

2. Is this assessment a retake?

3. Your yoga practise, Teacher Training/Mentorship and teaching yoga:

a.

	Date	Teacher/studio/Method
Started practise of yoga		
Started Teacher Training – any other yoga		
Started practise of Iyengar Yoga		
Started in mentorship – Iyengar yoga		
Started teaching yoga:		
Current main teacher:		

b. How often do you practice?

c. For how long?

4. Do you practise Pranayama?

Yes

No

a. If yes how often

b. and which types?

5. If you teach, how many classes do you teach a week?

6. List any experience, training or qualification you have in any of the following subject: physical education, movement and dance, anatomy, physiology, human biology, medicine, nursing, or any other subject you consider relevant.

Recommendations from one or two teachers

Who is your mentor/teacher trainer _____

Who is your regular teacher, if other than mentor/teacher trainer _____

Your mentor (and if you added your regular teacher) should send a recommendation mail to uoge.komite@gmail.com as close to your registration as possible.

Your mentor will also be interviewed by the moderator and assessors. Talk to your mentor about what information will be shared.

Declaration by Candidate

I _____ understand that in training to teach as a Level 1 Iyengar® Yoga Teacher, I must uphold the standard of the association of which I am a member and keep to the rules of the association as well as guidelines given from Pune¹.

I accept that the information in this form will be shared with the moderator and assessors that will be assigned to conduct the assessment.

Signed _____

Date _____

The assessment fee is to be paid when your place in the exam is confirmed. You will receive information about this.

¹ A) IYENGAR® is a Trademark ® used under license with permission of Geeta and Prashant Iyengar, Trade Mark Owners.

B) I am also fully aware that the name IYENGAR® may not be used by me in any way, shape or form, unless I have successfully passed the Level 1 assessment and have applied for Certification mark!